

PATENT APPLICATION  
**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

<b>Applicant:</b> ALEX MICHALOW et al.	<b>Examiner:</b> Hwang, Victor Kenny
<b>Serial No.:</b> 09/679,833	<b>Group Art Unit:</b> 3764
<b>Filed:</b> October 5, 2000	
<b>For:</b> SPORTS SPECIFIC TRAINING METHOD AND APPARATUS	<b>Docket No.</b> 52458-224532

Mail Stop NON-FEE AMENDMENT  
Commissioner for Patents  
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*Karen Hull*  
Karen Hull

**RESPONSE TO RESTRICTION REQUIREMENT**

Sir:

This communication is responsive to the Restriction Requirement mailed October 3, 2003, in which all pending claims 1-29 were subject to restriction. In particular, the position was taken that the application includes claims directed to two inventions. The Examiner stated that Group I, claims 1-14 are drawn to the method of training for an athlete, while Group II, claims 15-29, are drawn to a training apparatus.

By this response, Applicants elect Group II, claims 15-29, for further prosecution in this application. This election is made with traverse.

In the present paper, the Examiner maintained that the claimed process can be practiced by another apparatus, or that the apparatus can be used to practice another process. Applicants submit that this assertion by the Examiner, alone, is not sufficient to require the Applicants to bear the burden of prosecuting two patent applications for the claimed subject matter. Applicants submit that a search of the claimed apparatus and claimed method together would not place an undue burden on the Examiner. Reconsideration and withdrawal of the present restriction requirement is requested.

Examination of the application is requested. No fee is believed to be necessary in connection with this response. Should an extension of time, or any fee be required, the

Response To Restriction Requirement  
Serial No. 09/679,833  
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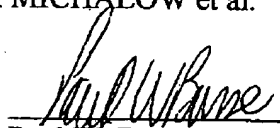
applicant requests that this action be undertaken and our Deposit Account No. 06-0029 be charged for the fee.

Respectfully Submitted,

ALEX MICHALOW et al.

Dated: October 17, 2003

By:

  
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Karen Hull  
Karen Hull

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1. Response To Restriction Requirement (2 pages)

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No fee is believed to be necessary. Should any fee be required, the Commissioner is authorized to charge  
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Respectfully Submitted,

ALEX MICHALOW et al.

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M2:20577291.01